Peralta Community College District
UNIT PLAN UPDATE Template  ~  September 2009

Each discipline will complete this form to update the unit plans developed in 2008. These will be reviewed at the college level and then forwarded to the district-wide planning and budgeting process. The information on this form is required for all resource requests – including faculty staffing requests – for the 2010-11 budget year.

I. OVERVIEW

<table>
<thead>
<tr>
<th>Discipline</th>
<th>Physical Education – Health Education</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dean:</td>
<td>Dr. Stacy Thompson</td>
</tr>
<tr>
<td>Department Chair</td>
<td>Inga Marciulionis</td>
</tr>
<tr>
<td></td>
<td>Maurice Compton</td>
</tr>
</tbody>
</table>

**Mission/History**

The Merritt College Physical Education-Health department is committed to providing courses that meet major and graduation requirements, meet the need of communities served by the college, and enhance life-long fitness, health and recreation. Students who complete Health Education will become aware of the importance of personal responsibility for their health and acquire the skills they need to protect their well-being and prevent serious health problems. Students will acquire knowledge how to make good decisions, to assume responsibility, and to create and follow a healthy lifestyle.

II. EVALUATION AND PLANNING

Please review the program review data and the CSEP review criteria and complete the following matrix.

**Baseline Data**

<table>
<thead>
<tr>
<th>Year</th>
<th>Annual FTES</th>
<th>%FTES growth</th>
<th>FTEF in program</th>
<th>FTES/FTEF</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>2008/09</td>
<td>16.11</td>
<td>-25%</td>
<td>0.8</td>
<td>20.55</td>
<td>Continuing to rise.</td>
</tr>
<tr>
<td>2007/08</td>
<td>21.42</td>
<td>92%</td>
<td>0.8</td>
<td>26.78</td>
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<tr>
<td>2006/07</td>
<td>11.16</td>
<td>-33%</td>
<td>0.8</td>
<td>13.95</td>
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<tr>
<td>2005/06</td>
<td>103.25</td>
<td>n/a</td>
<td>0.6</td>
<td>172.08</td>
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### Quantitative Assessments

<table>
<thead>
<tr>
<th></th>
<th>Fall 2004</th>
<th>Fall 2005</th>
<th>Fall 2006</th>
<th>Fall 2007</th>
<th>Fall 2008</th>
<th>CODE</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Enrollment (duplicated)</td>
<td>66</td>
<td>39</td>
<td>65</td>
<td>68</td>
<td>74</td>
<td></td>
<td></td>
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<tr>
<td>2. Sections (master sections)</td>
<td>2</td>
<td>1</td>
<td>2</td>
<td>2</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>3. FTEF</td>
<td>0.40</td>
<td>0.20</td>
<td>0.40</td>
<td>0.40</td>
<td>0.40</td>
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<td></td>
</tr>
<tr>
<td>4. FTES</td>
<td>7.28</td>
<td>4.68</td>
<td>7.80</td>
<td>8.16</td>
<td>7.89</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. FTES/FTEF</td>
<td>18.20</td>
<td>23.40</td>
<td>19.50</td>
<td>20.40</td>
<td>19.73</td>
<td></td>
<td>Our productivity is going up and will be increasing in Spring. We’ll be adding two courses of Health 1 in the evening for Spring 2010.</td>
</tr>
</tbody>
</table>

### Qualitative Assessments

#### Narrative
- The Health 1 Education classes are continuing to grow. With the aging of America and Baby Boomers, chronic disease, poor nutrition, and sedentary lifestyles are likely to develop. The Health Education program at Merritt College assists all students to strive for life-long health, improved psychological and physiological health, nutrition and fitness. In addition, the Health 1 course is a requirement for a Certificate for Substance Abuse Major.

#### 8. Community and labor market relevance
Present evidence of community need based on Advisory Committee input, industry need data, McIntyre Environmental Scan, McKinsey Economic Report, etc. This applies primarily to career-technical (i.e., vocational programs).

#### 9. College strategic plan relevance
Check all that apply
- New program under development
- Program that is integral to the college’s overall strategy

Health 1 Education is essential to Merritt’s strategy in preparing students to be professionally and personally qualified through completing their educational goals. Continue to pursue unique means of challenging students to adapt a healthy lifestyle that will enhance their overall health and happiness in all areas of their lives.
- Program that is essential for transfer

Health 1 3.0 Unit course is a requirement for a Certificate for Substance Abuse Major and it is a transferable to CSU and UC.

- Program that serves a community niche.

Health 1 Education offers courses in the morning and at night to accommodate the working community.

- Programs where student enrollment or success has been demonstrably affected by extraordinary external factors, such as barriers due to housing, employment, childcare etc.

Other _______________________

**Action Plan Steps to Address CSEP Results**

Please describe your plan for responding to the above data. Consider curriculum, pedagogy/instructional, scheduling, and marketing strategies. Also, please reference any cross district collaboration with the same discipline at other Peralta colleges.

10. **ACTION PLAN** -- Include overall plans/goals and specific action steps.

- Maintaining regular Health-Physical Education department meetings, keeping communication Via e-mail.
- Continue to update course outlines.
- Continue participate in basic skill proposal to assist with student success at Merritt College.
Additional Planned Educational Activities

11. Health/safety/legal issues: Organize the workshops to address the major concerns in Health Issues.

Student Learning Outcomes (SLOs) 2008/09

| 12. Have you completed Student Learning Outcomes (SLO’s) for all your courses? | YES____X____ | NO_____ |

12a. If you answered no to question 12 then, what percentage have you completed?

13. What are you assessing this year? Please attach your assessment results and action plan. List needed resources in Section III of Unit Plan.

| _____ course outcomes | _____ program outcomes | _____ institutional learning outcomes |

BUDGET

<table>
<thead>
<tr>
<th>Budget Categories</th>
<th>Allocated 08/09</th>
<th>Expended 08/09</th>
<th>Requested 09/10</th>
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<td>Fund 1</td>
<td></td>
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</tr>
<tr>
<td>Fund 14</td>
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<tr>
<td>Fund 17</td>
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<tr>
<td>VTEA</td>
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<td></td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Name of Grant/Donation/Sale</td>
<td>Awarded/Generated 08/09</td>
<td>% Expended 08/09</td>
<td>Comments</td>
</tr>
<tr>
<td>-----------------------------</td>
<td>------------------------</td>
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**PERSONNEL NEEDS 09/10**

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<tbody>
<tr>
<td></td>
<td>74</td>
<td>7.89</td>
<td>0.20</td>
<td>0.00</td>
<td>0.20</td>
<td>0.40</td>
<td>50%</td>
<td></td>
<td>19.73</td>
</tr>
</tbody>
</table>

**Comments**

- If filled
- If not filled
- # FTE (faculty assigned)

Current: 2 instructors, each teaching one 3 unit class.

**Narrative:** Are PT faculty available? Can FT faculty be reassigned to this program? Implications if not filled

Adjunct faculty is available for Health 1.

**Faculty Staff Requests 2010-2011:**

None.

**FACULTY ETHNICITY**

<table>
<thead>
<tr>
<th>Ethnicity</th>
<th># of Contract</th>
<th># of Adjunct</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asian</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>African American</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Filipino</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ethnicity</td>
<td># of Contract</td>
<td>Total</td>
<td></td>
</tr>
<tr>
<td>----------------</td>
<td>---------------</td>
<td>-------</td>
<td></td>
</tr>
<tr>
<td>Hispanic/Latino</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Native American</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>White</td>
<td>1</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>Unknown</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>1</td>
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<td></td>
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</tbody>
</table>

### FACULTY GENDER
FALL 2008

<table>
<thead>
<tr>
<th>Gender</th>
<th># of Contract</th>
<th># of Adjunct</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td></td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Female</td>
<td>1</td>
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</tr>
<tr>
<td>Not Supplied</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>1</td>
<td>1</td>
<td>2</td>
</tr>
</tbody>
</table>

### RESOURCE NEEDS

**Equipment/Material/Supply/ Classified/Student Assistant Needs:**

Please describe any needs in the above categories.

- LCD projector
- DVD player
- Minimum classroom instructional supplies
Facilities Needs (Items that should be included in our Facilities master Plan) for Measure A funding:

Please describe any facilities needs.
IV. ACADEMIC PERFORMANCE MEASURES AND EQUITY

### Student Demographics: Ethnicity

<table>
<thead>
<tr>
<th>Ethnicity</th>
<th>Baseline Fall 05-07</th>
<th>Fall 08</th>
<th>College Average</th>
</tr>
</thead>
<tbody>
<tr>
<td>African American</td>
<td>67%</td>
<td>66% (48)</td>
<td>36%</td>
</tr>
<tr>
<td>Asian</td>
<td>8%</td>
<td>8% (6)</td>
<td>16%</td>
</tr>
<tr>
<td>Filipino</td>
<td>2%</td>
<td>3% (2)</td>
<td>3%</td>
</tr>
<tr>
<td>Hispanic/Latino</td>
<td>12%</td>
<td>14% (10)</td>
<td>14%</td>
</tr>
<tr>
<td>Native American</td>
<td>2%</td>
<td>0%</td>
<td>1%</td>
</tr>
<tr>
<td>Other</td>
<td>1%</td>
<td>1% (1)</td>
<td>2%</td>
</tr>
<tr>
<td>White</td>
<td>6%</td>
<td>1% (1)</td>
<td>21%</td>
</tr>
<tr>
<td>Unknown</td>
<td>3%</td>
<td>7% (5)</td>
<td>6%</td>
</tr>
</tbody>
</table>

### Student Demographics: Gender

<table>
<thead>
<tr>
<th>Gender</th>
<th>Baseline Fall 05-07</th>
<th>Fall 08</th>
<th>College Average</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female</td>
<td>60%</td>
<td>57% (39)</td>
<td>69%</td>
</tr>
<tr>
<td>Male</td>
<td>39%</td>
<td>43% (29)</td>
<td>31%</td>
</tr>
<tr>
<td>Not Supplied</td>
<td>1%</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>

### Analysis

1. What are you doing to increase access?
   We offer two courses in the morning and added two night courses for Spring 2010.

### Student Retention Rate

Students who do not withdraw or drop by Ethnicity
<table>
<thead>
<tr>
<th>Ethnicity</th>
<th>Baseline Fall 03-07</th>
<th>Fall 08</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asian</td>
<td>95%</td>
<td>67% (6)</td>
</tr>
<tr>
<td>African American</td>
<td>67%</td>
<td>69% (49)</td>
</tr>
<tr>
<td>Filipino</td>
<td>50%</td>
<td>100% (2)</td>
</tr>
<tr>
<td>Hispanic/Latino</td>
<td>77%</td>
<td>100% (10)</td>
</tr>
<tr>
<td>Native American</td>
<td>60%</td>
<td>67% (3)</td>
</tr>
<tr>
<td>Other</td>
<td>100%</td>
<td>100% (1)</td>
</tr>
<tr>
<td>White</td>
<td>83%</td>
<td>0% (1)</td>
</tr>
<tr>
<td>Unknown</td>
<td>57%</td>
<td>50% (2)</td>
</tr>
<tr>
<td><strong>HLTED Average</strong></td>
<td><strong>74%</strong></td>
<td><strong>76%</strong></td>
</tr>
</tbody>
</table>

**College Average: 72%**

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### Student Retention Rate

*Students who do not withdraw or drop*

*by Gender*

<table>
<thead>
<tr>
<th>Gender</th>
<th>Baseline Fall 03-07</th>
<th>Fall 08</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>71%</td>
<td>69% (45)</td>
</tr>
<tr>
<td>Female</td>
<td>71%</td>
<td>79% (29)</td>
</tr>
<tr>
<td>Not Supplied</td>
<td>75%</td>
<td>0% (0)</td>
</tr>
</tbody>
</table>
Analysis

1. If your disciplines retention rate is beneath the colleges rate, then why?

Our retention rate in Health Education is a reflection of the college rate. The most common reason for retention is financial problems and illness.

2. If your retention rate is below the college rate, then what are you doing to increase retention?

We work very hard to help students to succeed, giving individual attention and motivation to deal with their personal issues. Financial Aid not received on time creates difficulties to stay in school.

3. If your retention rate is above the college’s rate do you have any best practices to share?

We will work with the student individually, helping them with their needs and concerns. The school provides tutoring, counseling and specific accommodations in classroom if the student has the disabilities.

### Student Course Completion Rate (SCCR)

*Students who receive grades A, B, C or Credit by Ethnicity*

<table>
<thead>
<tr>
<th>Ethnicity</th>
<th>Baseline Fall 04-07</th>
<th>Fall 08</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asian</td>
<td>95%</td>
<td>100%</td>
</tr>
<tr>
<td>African American</td>
<td>60%</td>
<td>82%</td>
</tr>
<tr>
<td>Filipino</td>
<td>33%</td>
<td>100%</td>
</tr>
<tr>
<td>Hispanic/Latino</td>
<td>71%</td>
<td>89%</td>
</tr>
<tr>
<td>Native American</td>
<td>75%</td>
<td>100%</td>
</tr>
<tr>
<td>Other</td>
<td>100%</td>
<td>100%</td>
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<tr>
<td>White</td>
<td>83%</td>
<td>0%</td>
</tr>
<tr>
<td>Unknown</td>
<td>57%</td>
<td>100%</td>
</tr>
<tr>
<td><strong>HLTED Average</strong></td>
<td><strong>65%</strong></td>
<td><strong>64%</strong></td>
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</tbody>
</table>
College Average: 60%

Student Course Completion Rate (SCCR)
Students who receive grades A, B, C or Credit by Gender

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<thead>
<tr>
<th>Gender</th>
<th>Baseline Fall 04-07</th>
<th>Fall 08</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>60%</td>
<td>81%</td>
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<tr>
<td>Female</td>
<td>69%</td>
<td>96%</td>
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<tr>
<td>Not Supplied</td>
<td>75%</td>
<td>0%</td>
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</table>

Analysis

1. If your disciplines successful course completion rate (SCCR) is beneath the colleges rate, then why?

2. If your sccr is below the college rate, then what are you doing to increase it?

3. If your sccr is above the college’s rate do you have any best practices to share?

Student Program/Discipline GPA by Ethnicity
Health Education

<table>
<thead>
<tr>
<th>Ethnicity</th>
<th>Health Education Baseline Fall 03-07</th>
<th>Health Education Fall 08</th>
</tr>
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<tbody>
<tr>
<td>Asian</td>
<td>3.50</td>
<td>3.50</td>
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<tr>
<td>African American</td>
<td>2.80</td>
<td>2.33</td>
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<td>Filipino</td>
<td>3.50</td>
<td>3.00</td>
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<td>Hispanic/Latino</td>
<td>2.96</td>
<td>2.56</td>
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<td>Health Education Baseline Fall 03-07</td>
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<td>--------------------------</td>
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<tr>
<td>Male</td>
<td>2.90</td>
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<td>Overall GPA</td>
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